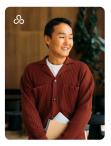
### & Rula

# Access to mental health experts who specialize in you.

Rula's network of 9,500+ mental health providers can support you and your family with virtual therapy, psychiatry, or a combination of both.











## A personalized approach to care, tailored around you.

Affordable, accessible care
Rula partners with your
insurance company to make



#### Focused on quality

All providers undergo regular clinical reviews and have access to peer review and development workshops.



#### Meet your match

care more affordable.

Providers in Rula's network represent a wide range of specialties and backgrounds.



#### Your search, made simpler

We'll help you find an in-network provider and schedule your first appointment in minutes.



Scan to find your therapist who specializes in you

