

Maven supports fathers on their path to parenthood

Are you a new, expecting, or aspiring dad? No matter where you are on your journey, join the thousands of dads getting the support they need on Maven.

As a first-time dad, I had no idea about anything my wife was going through, so Maven helped me understand what she was experiencing and also prepare me for what to expect next. Maven helped me be a better partner during pregnancy and as we plan for the baby to come.”

– Saurabh, Maven Member



How to make the most of Maven:

- ✔ Talk to 30+ types of providers: Video chat or message with fertility specialists, OB-GYNs, mental health providers, infant sleep coaches, pediatricians, lactation consultants and more.
- ✔ Attend appointments together, from home: It's hard to make it to every doctor's visit. With Maven, you can talk to providers from your home, including mornings, nights, and weekends.
- ✔ Meet your dedicated Care Advocate: Not sure who to talk to on Maven? Looking for an in-network provider? Need help navigating your health benefits? Questions about medical bills? Message your Maven Care Advocate for guidance and support.
- ✔ Access expert resources and meet other parents: Check out our provider-led virtual classes and clinically-based articles, and chat with other dads in our community forums.
- ✔ Get personalized referrals for your family-building journey: Use Maven for referrals to high-quality fertility clinics and inclusive adoption and surrogacy agencies.
- ✔ Return-to-work support: Speak with career coaches who can help you with career development and setting boundaries for work/life balance.

Maven is a free benefit offered to you and your partner through your employer. Enroll today for unlimited access to on-demand providers, a dedicated Care Advocate, a supportive community and so much more.

Activate your membership: <https://www.mavenclinic.com/join/fatherhood>